



Founder of



2008-2009 Annual Report



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Message from the Executive Director

“2008-09 was an exciting year for Catskill Hudson AHEC. We launched our HealthMatch™ service, which is a community-specific health professional placement service that was made possible by the New York State Department of Health under the Health Efficiencies and Accountability Law for New Yorkers (HEAL NY) grant program. The HealthMatch™ strategy is to involve key stakeholders of communities that are medically underserved in the recruitment process to bring quality healthcare to these communities.

In addition, Catskill Hudson AHEC’s program focus was expanded to provide additional support to post-secondary students and health professionals in order to address the immediate needs within the medical workforce. Programs such as the Medical Student Noontime Lecture Series, Medical Student Housing, and Internships in Health Information Technology offer students valuable assistance and unique opportunities toward the advancement of their health related education.

Catskill Hudson AHEC programs that spotlight Health Professional Continuing Education include our annual Nursing Summit and EMS Leadership Academy. Our Medical Professions Students benefit from our Nurse Education Assistance Program and our BODIES-The Exhibition field trips.

This is not to say that our focus was redirected from our Pipeline (K-12) student programs. Our continued support and participation in this grade of program continues to set the foundation for our future healthcare workers by providing healthcare career familiarity to students so they may consider a healthcare career as a viable future career choice.

We thank our partners and affiliates for another successful year and look forward to the changes and challenges of 2009-10.”

Kathryn Reed, MHA, CMPE

Catskill Hudson AHEC Funding - Year Ending September 30, 2009

Contractual Services	\$29,903.00	Personnel	\$266,272.00
Grants	\$61,405.00	Contractual Services	\$21,084.00
Program Revenue	\$11,207.00	Programs	\$90,941.00
Federal and State AHEC Funding	\$411,835.00	Travel	\$12,374.00
TOTAL REVENUE	\$514,350.00	Office Lease and Expenses	\$20,472.00
		Other Operating Expenses	\$55,151.00
		TOTAL EXPENSES	\$466,294.00

Catskill Hudson AHEC Statistics

	2008-2009
ROTATIONS:	
Medical Students	196
Pre-Medical Students	36
Other Health Professions Students	108
PROGRAMS:	
CE Programs	5
Training Programs	11
Pipeline Programs (K-12)	8
Med & Pre-Med Programs	6
PARTICIPANTS:	
Health Professionals	907
Pipeline Students (K-12)	3261
Teachers/Preceptors	515

The Catskill Hudson AHEC Community Impact

Catskill Hudson AHEC recognizes that costs savings in these times is critical and that every dollar counts. Community economic development is inextricably linked to viable health care delivery systems. Community-based AHECs are positioned as effective liaisons and facilitators to build partnerships between the supply side (secondary and post-secondary schools) and the demand side (health providers and communities) for health care workers. A strong healthcare system is a crucial part of the community's economic infrastructure.

To that end, it is important to point out the successes of Catskill Hudson AHEC:

- In 2008-09, for every \$1.00 of State funding, Catskill Hudson AHEC leveraged \$3.00 of federal, local, and contract funding invested in programs to address health workforce shortages. In 2009 alone, Catskill Hudson AHEC secured a two-year HEAL NY 9 grant in the amount of \$200,000.00 toward physician and health professional recruitment and retention.
- Catskill Hudson AHEC has sustained record levels of outreach training for over 26,000 grade K-12 students, health professions students, and health professionals across its 11-county region. Since its inception in 2003, Catskill Hudson AHEC has developed more than 271 educational programs involving:
 - ▶ 806 medical and pre-med students and 1,289 nursing and health professions students that were placed with 581 teachers at 147 community-based training sites.
 - ▶ 26,934 young people, ages 10-17, that received exposure to health careers and health professionals through interactive activities in career pipeline programs.
 - ▶ 3,845 health professionals participated in Catskill Hudson AHEC-sponsored training and continuing education programs.

Making all of New York State a campus, the NYS AHEC System works with 110 academy institutions, 242 elementary/secondary schools, 239 hospitals/healthcare systems/clinics and 197 community organizations, government agencies, and businesses.

The strength of the NYS AHEC System and Catskill Hudson AHEC is evident in the continued formation of strong community alliances, the development of significant programs, and the provision of valuable services that promote notable improvement in the health workforce for all New York residents.

Quotes From Catskill Hudson AHEC Program Attendees



“Both [CHAHEC] programs allowed me to obtain a good idea of where I want to go in the future.”, “The [CHAHEC Sponsored Health Career Exploration Program] tour helped me see that I want to have a career in the medical field and that I wanted to attend New Visions.”, “It was a great experience that really got me interested in the health field.”, “ This program greatly influenced my decision to become a doctor.”, “This was a particularly poignant talk because

it applies to us now, even as medical students. After today's talk, I had the opportunity of being present in dealing with a difficult patient who started questioning [her doctors] because she was frustrated. I kept thinking about the tips regarding medical malpractice. I came away thinking that simply taking the time to address a patient's frustrations and concerns head-on, can save a lot of time explaining later.”, “Very informative – need more programs like this one.”, “The thing I enjoyed most was the hands-on learning in the OR.”, “Good combination of education, practice and research.”



What is an Area Health Education Center?

An Area Health Education Center (AHEC) is a not-for-profit organization that works with community-based partners to address and work toward rebuilding the declining healthcare workforce by:

- Developing programs and informative resources that familiarize students with various healthcare occupations and encouraging them to pursue the occupation of their choice,
- Providing the means to recruit students into healthcare professions,
- Training and supporting healthcare professionals, and
- Advocating the elimination of health disparities.

More than 45 States have developed Area Health Education Centers since Congress passed authorizing legislation in 1971. Catskill Hudson AHEC was established in July 2003 and is one of nine AHECs in New York State. The Catskill Hudson AHEC 11-county region includes Columbia, Delaware, Dutchess, Greene, Orange, Otsego, Putnam, Rockland, Schoharie, Sullivan, and Ulster counties and is home to 29 hospitals, serving a total regional population of over 1.5 million people.

The Catskill Hudson AHEC Mission and Vision Statements

Catskill Hudson AHEC's mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professionals.

The vision of Catskill Hudson AHEC is to foster an 11-county region that proactively assesses, develops, and strengthens a diverse and motivated workforce to meet the needs of each individual community.

Catskill Hudson AHEC Board of Directors and Staff

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