

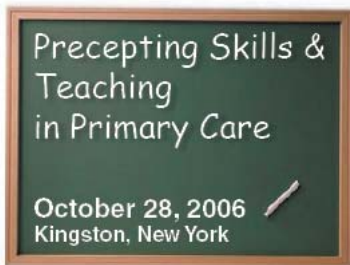
Pathways
to
Healthcare
Careers



HEALTHLINKS

A Newsletter From Catskill Hudson Area Health Education Center

SPRING 2007



A Faculty Development Workshop

On Saturday, October 28th, Catskill Hudson Area Health Education Center hosted a program for physicians and other health care professionals in Kingston, NY entitled, *Precepting Skills and Teaching in Primary Care*. The presenter for this well-received program was James Deary III, MA, EdD, Vice President for Advanced Professional Development and Director of Faculty and

Organizational Development for The Institute of Urban Family Health (IUFH), a primary health and education organization based in New York City.

Precepting and Teaching in Primary Care is one of several courses in the IUFH Faculty Development Program which Dr. Deary had designed and directed since 1983. Dr. Deary delivered an engaging and informative half-day program that addressed key aspects of effective precepting for residency training, such as communication techniques, primary teaching styles and adult learning behaviors. The program culminated with role-playing exercises among participants to demonstrate the various concepts discussed during the presentation.

Catskill Hudson AHEC & Ulster BOCES Collaborate on a Grant to Provide Career Fitness Training

Ulster BOCES, as the lead applicant organization for the New York State Health Care Worker Retraining Grant, collaborated with Catskill Hudson AHEC and major healthcare facilities within our joint regions in a successful application submission. The Health Workforce Retraining Initiative supports the training and retraining of health industry workers with the skills necessary in the healthcare market today.

Since its inception, the initiative has awarded nearly \$245 million to 347 grantees and trained or retrained over 80,000 healthcare workers.

A needs assessment conducted among the six participating organizations in this grant application resulted in a priority being placed on patient and workplace satisfaction and the

operational efficiencies gained in enhancing satisfaction. Although many of the participants in this project are competing healthcare facilities, they collectively recognize the importance of collaborating on the training of their individual staff members within a cross-organizational group setting. Training of staff will include topics, such as customer service, communication, and conflict resolution skills to enhance the quality of staff interactions with patients, physicians and co-workers. Twenty-three hundred staff members from the participating organizations have been identified to participate in the Career Fitness training program.

Catskill Hudson AHEC would like to thank Ulster BOCES for their continuous support of our organization and for their tireless efforts to collaborate with us on such grants.

A PARTNER IN THE NEW YORK STATE AHEC SYSTEM

Nursing Preceptor Development Workshop

The strength of our nursing workforce rests upon the development and support of preceptors in the clinical setting. Unfortunately, many transition programs lack such training opportunities. To address this critical need, Catskill Hudson AHEC has developed the Nurse Preceptor Development Workshop. This continuing education activity has been submitted to the New York State Nurses Association (NYSNA), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. The Workshop will be held on May 1, 2007, from 8:30AM to 4:00PM at the NYSNA Conference Center in Latham, New York. Presentations will include:

21st Century Preceptor Development

Susan Boyer, MEd., RN; Director, Vermont Nurse Intern Project

In her keynote presentation, Susan will discuss her research as it pertains to the impact of a positive preceptor experience and will provide a clear definition of the role of the Nurse Preceptor. She will also describe the key components of a preceptor program as well as provide guidelines for the development of a successful preceptor program.

Role and Responsibilities of the Clinical Preceptor

Coy Smith, ND, RN, MSN, CNAA; Vice President of Patient Care Services, Benedictine Hospital

In this presentation, Coy will describe and differentiate the primary role of the Nurse Preceptor in the clinical setting. He will further define the responsibilities of the Nurse Preceptor in three major aspects: 1) Role model and facilitator of role socialization, 2) Facilitator of learning, and 3) Resource person and coach.

Principles of Teaching and Learning

Eleanor Richards, PhD, RN; Associate Professor and Chairperson, Dept. of Nursing, SUNY New Paltz

This insightful presentation will focus on the principles of teaching and learning. Eleanor will describe three domains of learning, including an in-depth discussion of the affective learning domain. She will also explore the connection between teaching and learning styles for the purpose of engaging and captivating the learner. She will conclude her presentation with techniques for effective communication and listening to further enhance the learning experience.

Basic Clinical Preceptor Skills

Martha Twichell, MS, CCRN; Manager of Nursing Education, Bassett Healthcare

In this informative presentation, Martha will address four major components of clinical precepting. She will provide an in-depth discussion of the following topics: 1) Assessing learning needs, 2) Planning the clinical learning experience, 3) Implementing the clinical teaching/learning plan, and 4) Evaluating job/task performance.

Working Effectively with Preceptees

Judith Bromley, MS, RN.C; Clinical Nurse Specialist for Professional Development, Benedictine Hospital

This presentation will address role expectations of both the Clinical Preceptor and Clinical Preceptee. Judith will provide useful techniques for time management and organization when working with preceptees. She will also discuss principles for conflict resolution as well as present case studies to illustrate how successful conflict resolution positively impacts the teaching/learning experience.

The Nurse Preceptor Development Workshop is offered at a cost of \$125 per attendee. A \$75 student rate is available with valid student ID. Please include a copy with your registration. To register, please download the Registration Brochure from the Catskill Hudson AHEC website (www.catskillhudsonahec.org), complete and mail with your payment to: Catskill Hudson AHEC, 598 Route 299, Highland, NY 12528.



In the works ... Online Curriculum Development Program

Catskill Hudson AHEC is in the process of planning the Online Curriculum Development and Creative Teaching Strategies for Distance Learning. This innovative program is being developed to assist nurse educators with transitioning from teaching and learning in the traditional classroom to an online classroom setting as well as to present technologies and teaching strategies relevant to distance learning.

Information regarding this program will be posted on the Catskill Hudson AHEC website in the near future.

Exploring the Health Professions[®] - Curriculum and Toolkits Now Available!



Since May 2006, Catskill Hudson AHEC has conducted three Exploring the Health Professions[®] (EHP) workshops, providing over fifty teachers from all over New York State with career education training. EHP is a hands-on curriculum package and corresponding teacher workshop designed to raise healthcare career awareness in middle and junior/senior high school students. The program, which meets NYS learning standards for Family and Consumer Sciences, Career Development and Occupational Studies and Health Education, is designed to engage students in hands-on, healthcare-related activities, such as blood typing, suturing, bacteria culturing, dressing for surgery, and more. Workshop attendees have raved about the program, many declaring that the EHP package had far exceeded their expectations.

This innovative program has generated a great deal of interest from educators, counselors and recruiters throughout our eleven-county region and beyond. However, we have discovered that many have been unable to attend the workshop portion of the EHP program due to scheduling conflicts during the school year and, as a result, we have received numerous requests to purchase the curriculum and toolkits outside of workshop attendance. In order to provide more teachers with the opportunity to bring the EHP program to their classrooms, we are now making the curriculum and toolkit available for purchase directly. There is no substitute for the experience and knowledge gained from the workshop, but, fortunately, the comprehensive curriculum is presented in a very clear and straightforward manner that allows educators to learn and conduct the hands-on activities with their students without the training.

The curriculum is presented in a three ring binder and is organized into four different career clusters: Clinical Lab Sciences, Direct Patient Care, Rehabilitation and Therapy, and In the Operating Room. Each cluster contains corresponding module objectives, career summaries, career ladders, activities and supplemental resources. Each toolkit is packaged in a durable, plastic, flip-top container and includes most of the supplies educators need to conduct the hands-on exercises outlined in the EHP curriculum. The only items not enclosed are a standard, mechanical scale and

agar plates, which are perishable. Also included in the toolkit are a career exploration video and an interactive CD-based game—both designed for use with EHP activities.

Although the curriculum-toolkit package is valued at over \$450, we are offering it to educators at a cost of \$100. The cost of shipping is included. For orders and inquiries, please contact Kirsten Carle at Catskill Hudson AHEC via phone (845-883-7260) or email kcarle@catskillhudsonahec.org.

If you are unsure about the integration of the EHP curriculum into your classroom, the Catskill Hudson AHEC staff would be happy to conduct an in-class EHP activity with you and your students. Such a demonstration may help determine whether EHP is a good fit. Please feel free to contact us at 845-883-7260 to schedule a presentation.



EMS Leadership Academy Heads North

On March 23rd —thankfully, an unseasonably warm day by North Country standards—over 40 EMS administrators gathered at Bonnie Castle Resort in Alexandria Bay to hear presentations on leadership in EMS by three noted authorities in the field. This fourth presentation of Catskill Hudson AHEC’s EMS Leadership Academy was made possible by the invitation of Ann Smith, the North Country Regional EMS Council (NCEMS) Program Agency Director. Having attended our very first EMS Leadership Academy, she eagerly contacted us about including it as a pre-conference to her NCEMS’s annual Spring Fling Conference. We gladly accepted the opportunity to bring the valuable training to a wider EMS audience.

Administrative tasks and personnel management are among an EMS administrator’s central responsibilities, yet professional development efforts in these areas receive little attention. Catskill Hudson AHEC originally created the EMS Leadership Academy to address the critical need for these skills and to aid in their development among EMS leaders. This March 23rd session of the Academy stayed true to that intention with presentations on EMS provider management, recruitment and retention, overviews of OSHA, PESH and HIPAA rules and regulations, and a comprehensive walk-through of New York State’s EMS Law. Presenting on these topics were three recognized authorities in the field of EMS: Lee Burns, BS, EMT-P, CIC-RF (Associate Director of Operations for the NYS Bureau of EMS), Karl Klug, BS, CIC, EMT-CC (Deputy Chief of Pre-Hospital Medical Operations at Suffolk County Division of EMS), and Joyce Mulleedy, MS, RN, EMT, CIC-RF (Educational Services Coordinator for Adirondack-Appalachian Regional EMS).

The program was well-received and garnered an outpouring of positive feedback from attendees, with comments on everything from the personal styles of the presenters, to the quality and scope of the information provided, to suggestions for future topics.



One enthusiastic attendee proclaimed, “Everything that is important in EMS today was covered from safety to laws.” Another declared that, “the speakers were excellent, well-informed, comfortable and enjoyable.” And still another shared, “I learned a lot. I feel I walked away more confident in my participation within my organization.” We couldn’t be more delighted to hear that participants received the training we’d intended, training that is critical to every EMS service’s long-term success and role as a community caretaker.

Catskill Hudson AHEC would like to thank our enthusiastic attendees and extremely dedicated presenters who made the Leadership Academy both possible and successful. We would also like to acknowledge, with gratitude, the contributions of NCEMS, the NYS Bureau of EMS and the Suffolk County Division of EMS, which helped make this important program so affordable for attendees. NCEMS accepted proof of completion of this program for 6 CME credits.

For additional information on the EMS Leadership Academy, log onto our website at www.catskillhudsonahec.org. To inquire about bringing this program to your area, please contact Catskill Hudson AHEC at (845) 883-7260 or chahec@hvi.net.



Lee Burns, BS, EMT-P, CIC-RF



Karl Klug, BS, CIC, EMT-CC



Joyce Mulleedy, MS, RN, EMT, CIC-RF

Healthcare Career Highlight - Emergency Medical Technician (EMT) / Paramedic

People's lives often depend on the quick reaction and competent care of Emergency Medical Technicians (EMTs) and Paramedics. They provide this vital attention as they care for and transport the sick or injured to a medical facility. In an emergency, EMTs and Paramedics typically are dispatched to the scene by a 911 operator and often work with police and fire department personnel. Some EMTs work as part of the flight crew of helicopters that transport critically ill or injured patients to hospital trauma centers.

Beyond these general duties, the specific responsibilities of EMTs and Paramedics depend on their level of qualification and training. To determine this, the National Registry of Emergency Medical Technicians (NREMT) registers Emergency Medical Service (EMS) providers at four levels:

First Responders are trained to provide basic emergency medical care because they tend to be the first persons to arrive at the scene of an incident. Many firefighters, police officers and other emergency workers have this level of training.

EMT-Basic represents the first component of the emergency medical technician system. An EMT-B is trained to care for patients at the scene of an accident and while transporting patients by ambulance to the hospital under medical direction. The EMT-B has the emergency skills to assess a patient's condition and manage respiratory, cardiac and trauma emergencies.

EMT-Intermediate has more advanced training that allows the administration of intravenous fluids, the use of manual defibrillators to give lifesaving shocks to a stopped heart, and the application of advanced airway techniques and equipment to assist patients experiencing respiratory emergencies.

EMT-Paramedic provides the most extensive pre-hospital care. In addition to carrying out the procedures already described, Paramedics may administer drugs orally and intravenously, interpret electrocardiograms (EKGs), perform endotracheal intubations, and use monitors and other complex equipment

Advancement beyond the EMT-Paramedic level usually means leaving fieldwork. An EMT-Paramedic can become a supervisor, operations manager, administrative director or executive director of emergency services. Some EMTs and Paramedics become instructors, dispatchers, physician assistants or nurses while others move into sales or marketing of emergency medical equipment.

Formal training and certification is needed to become an EMT or Paramedic. The following is a listing of EMS Schools / Paramedic Certification. To have full course descriptions emailed to you, please contact Catskill Hudson AHEC at (845) 883-7260. For additional information; such as detailed educational requirements, high school course requirements, skills, potential earning capacity, similar jobs as well as scholarship links and financial aid information, log onto our website at www.catskillhudsonahec.org and click on the My Health Career icon on the upper, left hand corner of the home page.



For free practice tests, visit these sites:

http://www.emt-national-training.com/practice_tests.php

<http://www.id44.com/index.php>

<http://www.nremtexam.com/>

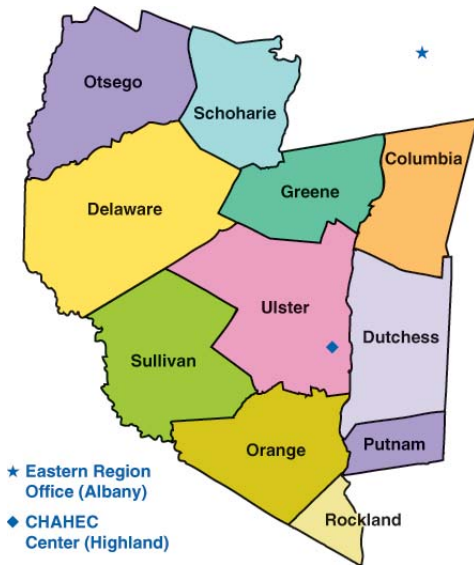
<http://www.learnatest.com/EMS/home.cfm>

<http://www.hightechfirefighter.com/ems.html>

EMS Schools / Paramedic Certification	Contact / Information	Course Description
SUNY Ulster Cottkill Road Stone Ridge, New York, 12484	Phone: 845-687-5000 www.sunyulster.edu	This program meets the national paramedic standards as well as prepares graduates to be effective in patient care through the 1450 hour program. The up to date curriculum insures that all students are sufficient in handling any situations that may arise. For students that are not certified EMT-B, SUNY Ulster offers courses to gain EMT certification also.
Dutchess Community College 53 Pendell Road, Poughkeepsie, NY, 12601	Phone: 845-431-8000 www.sunydutchess.edu	In order to begin this program, one must already be a certified EMT or have reciprocity. Upon leaving this program the student will be eligible to take the New York State and National Registry certifying Paramedic exams.
SUNY Rockland 145 College Road, Suffern, NY, 10901	Phone: 845-574-4000 www.sunyrockland.edu	This program is shorter and only for EMT training, not paramedic certification. Very few classes are offered at this college. This would be a great stepping stone to other programs.
Westchester Community College	Admission: 914-606-6735 General Info: 914-606-6600 www.sunywcc.edu E-mail: admissions@sunywcc.edu	This program will prepare a student to be a paramedic. This demanding program requires two semesters and a summer session. The student can also earn other certifications while completing the coursework.
Borough of Manhattan Community College 199 Chamber Street New York, NY, 10007	Phone: 212-748-7465 www.bmcc.cuny.edu	This program enables a student to take the certification test to be a paramedic. The multiple internships that are required will help the student gain valuable hands on experience.
LaGuardia Community College The Division of Adult and Continuing Education 31-10 Thomson Ave., Long Island City, NY 11101	www.lagcc.cuny.edu	This program is considered to be in the "pre-clinical" phase of the major. "To be eligible to progress to the "clinical" phase, students must meet the following requirements: completion of CUNY basic skills, minimum GPA of 2.0, active student status, current certification as a NYS Emergency Medical Technician, a minimum of 200 hours and/or 6 months of pre-hospital experience (paid or volunteer), successful completion of Paramedic Program Entrance Exams and an interview with the program director and/or members of the faculty."
New York Methodist Hospital 506 Sixth Street Brooklyn, NY, 11215	Phone: 718-265-4100	This is an intense one year program that requires 650 of classroom work and 650 hours out in the field. This is, perhaps, the most demanding program, but completed in the shortest period of time. In order to start this program one must have a current New York State EMT certification and at least 6 months of EMT experience.



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The Catskill Hudson Area Health Education Center (CHAHEC) is a partner in the New York State AHEC system and is comprised of an eleven (11) county region which includes Delaware, Dutchess, Columbia, Greene, Orange, Otsego, Putnam, Rockland, Schoharie, Sullivan and Ulster counties.

We are affiliated and work with the other eight (8) New York AHECs which include Northern AHEC, Hudson-Mohawk AHEC, Bronx-Westchester AHEC, Central New York AHEC, Brooklyn-Queens-Long Island AHEC, Western New York Rural AHEC, Erie Niagara AHEC and Manhattan-Staten Island AHEC. For further information on any of these AHECs and the counties they serve, log onto the New York State AHEC website at www.ahec.buffalo.edu.