

**Catskill Hudson AHEC:
A Resource for Students and Teachers**

Catskill Hudson AHEC works with hospitals, community healthcare organizations and educational institutions throughout our eleven county region to develop and support programs that expose youth to health careers and assist them through their studies to achieve the academic requirements for their chosen health profession.

To date, over two thousand medical, pre-medical, nursing and health professions students were placed with hundreds of teachers at community-based training sites. Tens of thousands of young people, ages 10-17, have received exposure to healthcare careers and health professionals through the fun and interactive activities of our health career youth programs.

If you are a student interested in learning more about a career in healthcare, or a teacher or preceptor looking to get involved in programs that expose our young people to healthcare professions, please contact us for more information:

Catskill Hudson AHEC
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Highland, NY 12528
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Our Mission

The mission of Catskill Hudson AHEC is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers and health professionals.

Our Vision

The vision of Catskill Hudson AHEC is an eleven county region that proactively assesses, develops and strengthens a motivated and diverse workforce to meet the needs of each individual community.



*Connecting Students to Careers,
Professionals to Communities and
Communities to Better Health*

RESOURCES

Student Mentoring Organizations

- <http://www.chahec.org/students-teachers/portal>
- <http://www.nсна.org>
- <http://www.nynursingstudents.org>
- <http://www.nysna.org>
- <http://www.discovernursing.com>

Education and Training Programs in New York

- <http://www.op.nysed.gov/prof/nurse/nurseprogs.htm>
- <http://www.nysna.org/education/schools.html>

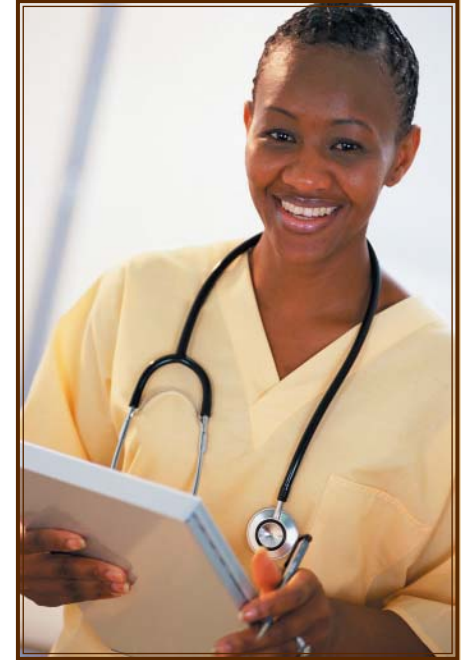
Scholarships and Financial Aid Information

- <http://www.op.nysed.gov/prof/nurse/nurse-education-scholarships-grants.htm>
- <http://www.hesc.com/Content.nsf>

REFERENCES

- “Careers in Healthcare” (2004) -
New York State AHEC System
- “Exploring the Health Professions” (2004) -
Central New York AHEC
- “Careers in Nursing” (2001) -
Hartwick College, Oneonta, NY

**EXPLORE YOUR
OPTIONS ...**



**CONSIDER A CAREER
IN
NURSING**



Focus on Careers in Nursing ...

A major public health challenge for the future of our nation's healthcare system is the increasing aging population. There is currently a nursing shortage in New York State and it is predicted that the need for nurses and other healthcare professionals will continue to increase over the next several years.

Catskill Hudson AHEC is seeking to make a difference in addressing healthcare workforce shortage issues. One of our healthcare workforce initiatives is Nursing Workforce Development; a process that analyzes issues pertaining to nursing specialty and faculty shortages, recruitment and retention of nursing personnel and the provision of continuing education programs for nursing professionals. This initiative also involves outreach and collaborative efforts for students and educators as well as educational institutions, community groups and healthcare organizations to provide resources and opportunities for education and training supportive of the continued development of the nursing profession.

Nurses care.

They work to promote wellness, prevent disease and assist patients and families cope with illness.



Nurses practice in a variety of patient care settings. Inpatient care facilities include hospitals, mental health facilities, long-term care facilities or rehabilitation centers. Outpatient care facilities include ambulatory care or surgery centers, visiting nurse services, assisted living communities, primary or specialty care offices or radiology/MRI centers. Other healthcare settings include, health insurance companies, community health organizations, government offices, schools/colleges/universities, legal entities, research facilities or pharmaceutical companies.

State laws, institutional policies and licensure specify "scope of practice" or what responsibilities, tasks or functions a nurse is allowed to perform while working.

Nursing responsibilities may include monitoring a patient's progress and assisting them throughout their care, assisting the physician with the plan of care, administering prescribed medications or treatments, educating patients and families of current care-related or preventative healthcare measures and advocating for patients, families and communities.

Nurses may work part-time or full-time, depending upon hours scheduled by their facility of employment, specialty practice area or job responsibilities. Some nurses may work on-call, at night, on weekends or holidays.

*Nurses are concerned
with caring for the "whole" person.
They are advocates and
health educators for patients,
families and communities.*

College students and career seekers alike face many decisions before choosing a profession. Nursing is a challenging profession that offers flexibility with education, training and specialty focus areas.

Some Nursing Specialty Areas Include:

- Medical-Surgical Nurse
- Critical Care Nurse
- Infection Control Nurse
- Staff Development Nurse
- Office Nurse
- School Nurse
- Home Health Nurse
- Perioperative Nurse
- Public Health Nurse
- Occupational Health Nurse

Career Ladder

It is possible to transition into a nursing profession or specialty practice area of your choice. Consider your options in education and training. Scholarships and financial aid may be available to assist you in reaching your educational and professional goals.

NURSING PROFESSIONS CAREER LADDER

Advanced Practice Nurse

5+ Years College/Masters or Doctorate Degree
(Nurse Administrator / Executive, Nurse Educator,
Clinical Nurse Specialist, Nurse Midwife, Nurse
Anesthetist, Nurse Practitioner, etc.)

Registered Professional Nurse

4 Years College / Bachelors Degree or 2 Years
College / Associates Degree

Licensed Practical Nurse

1-2 Years College / Associates Degree or
Vocational School Certificate

Certified Nurse Assistant

High School Diploma / GED and Additional
Training / Certificate



*[See back of brochure for resources on education,
training, scholarships and student organizations]*