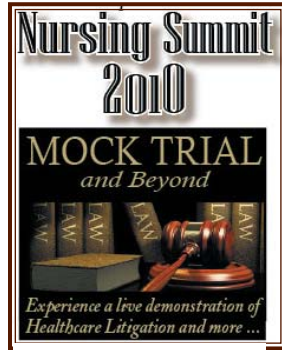


Continuing Education Programs (Continued)



Among Catskill Hudson AHEC's continuing education programs is our annual Nursing Summit. Since 2005, we have provided nursing professionals opportunities for professional development through continuing education and networking opportunities with other professionals from community-based healthcare organizations. Nursing Summit topics have included nurse management, nurse preceptor development, online curriculum development, and use of technology for teaching and staff development. The 2010 Nursing Summit focused on legal issues facing nurses of today and tomorrow through an interactive "mock trial" demonstration. This workshop was developed in collaboration with the New York State Nurses Association and the Upstate New York Nursing Staff Development Organization. Similar to the EMS Leadership Academy, future Nursing Summits will be offered both in person and via webcasting across New York State.

Attendee quotes: [Content] "Should be required to renew license, excellent, fun, interactive, great way to present [topic] to audience so that it sticks. Can you bring this conference to Long Island?" "Wonderful program - please offer more often so that others may benefit - will definitely recommend."

Health Professional Recruitment



Catskill Hudson AHEC recognized the vital need to recruit and retain quality healthcare professionals to areas throughout New York State. As a result, HealthMatch™ was established to increase the number of healthcare professionals that move to and work in our communities. The staff at HealthMatch™ has over two decades of physician recruitment expertise, from promoting practice opportunities to screening potential candidates to assure it's the right match.

Participant quotes: "HealthMatch is an excellent program. It afforded me the ideal opportunity to work close to home and serve my community." "When I first spoke with Kathryn Reed, it didn't feel like it was an interview. It felt more like speaking with a friend. She strongly encouraged me to pursue a position at the Family Health Center. The area has a genuine need for women's health practitioners, especially in the area of adolescent gynecology. It's a good fit for my credentials and experience and I love it here."

Community Outreach and Cultural Diversity



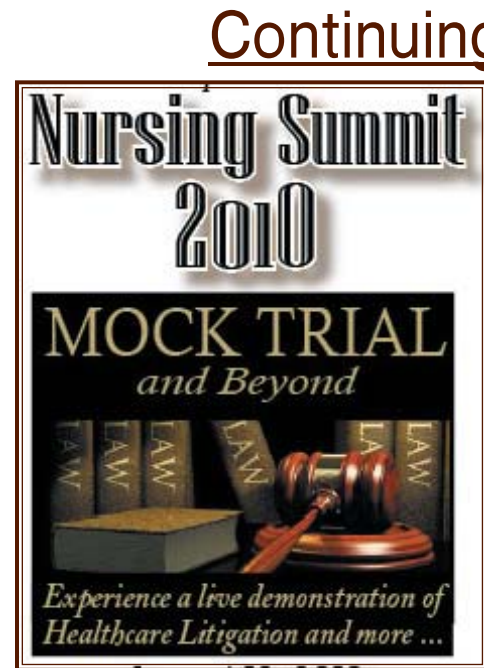
Catskill Hudson AHEC has developed a strong affiliation with the Hudson Valley Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) Center headquartered in Ulster County. Through continuing educational programs for healthcare providers, such as *Improving Healthcare for LGBTQ People*, the focus is to enhance the communication skills of providers with LGBTQ patients and shift providers' approach to improving healthcare for this population. Additionally, Catskill Hudson AHEC coordinates medical student rotations and internships at the Hudson Valley LGBTQ Center to provide hands-on experience of the difficulties encountered by this population in accessing quality healthcare. The goal of this affiliation is to educate providers on how the LGBTQ community intersects in many systems in the community and to encourage providers to become LGBTQ Affirming Health Care Providers.

To view an example of the type of training we are developing, please visit our media library on our website at <http://chahec.org/media-library/lgbtq>.

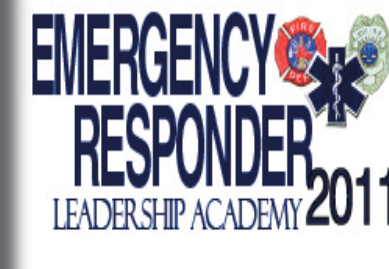
Participant quotes: "As a result of this training, I will incorporate the definitions and appropriate approaches learned from this training into my daily practice." "When I first came to this internship, I honestly did not know what to expect. I can truly say that I now am more culturally competent than I was before. I also realized that as a medical student and future doctor, I needed to start thinking about and promoting patient inclusivity in our healthcare system. Thank you for this opportunity."



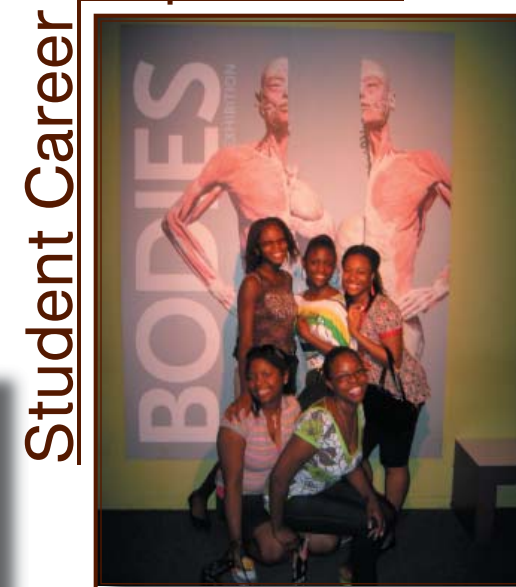
A Sampling of Catskill Hudson AHEC Programs



Continuing Education



Exploration



Student Career

Health Professional Recruitment



Medical Student Programs



Pre-Medical and



Community Outreach

Student Career Exploration Programs – Grades 8 through College

BODIES ... The Exhibition

Catskill Hudson AHEC's program sponsorship enables students who are interested in pursuing a healthcare career the ability to attend this extraordinary anatomy exhibit in New York City. *BODIES ... The Exhibition* features over 200 specimens consisting of whole bodies and individual organs that have been meticulously dissected and preserved through an innovative process. Unlike biology and anatomy models and diagrams, this exhibition offers a unique and fascinating look into the human body.

Student quotes: "This program greatly influenced my decision to become a doctor." "The Bodies Exhibit was fascinating and awe-inspiring. Attending the exhibit has fueled my aspiration to become a neurosurgeon, so thank you for the opportunity to attend such an amazing exhibit."



Science & Technology Entry Program (STEP) – SUNY New Paltz



Catskill Hudson AHEC has formed a collaboration with SUNY New Paltz by offering assistance with the development and promotion of their STEP Program. This program encourages participating under-represented and low-income students from eight district high schools to continue their education after graduation in the fields of math, science, technology, and the licensed professions by challenging their existing skills, developing new ones, and providing motivation and practical assistance in setting and meeting their educational goals.

Student quotes: "I feel like I am different after this experience." "This experience widened my horizons, allowing me to see that there are endless possibilities when it comes to the healthcare field." "I learned about opportunities for my future, and chances to help others that I did not know were possible. Thank you."

LPN Education Assistance Program

Designed by Catskill Hudson AHEC to assist underserved Licensed Practical Nursing (LPN) students from our regional Board of Cooperative Educational Services (BOCES) with the payment of their LPN licensure and registration fee. All students must meet pre-set criteria (listed below) to be eligible to receive this assistance:



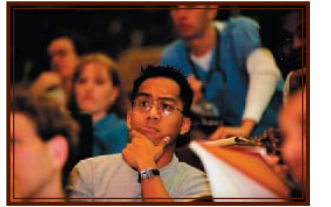
- Students must meet all requirements previously determined by their educational institution.
- Students must have a minimum average of 85 or better overall.
- Students must be in financial need as determined by their educational institution prior to being accepted as a grant participant.
- Students must meet attendance guidelines as previously set by their educational institution.
- Students must have a recommendation from their LPN teacher or LPN coordinator.

Student quote: "I recently graduated [from Orange-Ulster BOCES] and applied to my NCLEX Exam (and PASSED!). I was a recipient of your scholarship and want to say thank you very much for the money to help pay for my license and state board fees. It was a huge help. Thank you for having an appreciation for nursing students that need help."

Pre-Medical and Medical Student Programs

Bassett Healthcare Medical Student Lecture Series

In collaboration with Bassett Healthcare System and its newly established rural regional medical school campus in Cooperstown, New York, Catskill Hudson AHEC is the sponsor and a presenter of the medical student noon-time lecture series. Third-year medical students spend a 3-month rural rotation at Bassett and attend luncheon lectures conducted on a weekly basis. Medical students receive an overview from professionals in various fields on matters such as • Making difficult choices in healthcare • Various health insurance matters • What drives our healthcare policies • Malpractice • Hospital Policies • Insurance 101; and more.



Student quotes: "I thought [the lecture] was wonderful. I know the story will stick with me and definitely effect how I interact with my patients in the future." "I loved the real nature of [the speaker's] story. It was educational and able to be received that way because there was not ulterior motive or agenda."

SUNY New Paltz/New York College of Osteopathic Medicine Dual Degree Accelerated Degree Program



This program is designed to accelerate the undergraduate and graduate medical curriculum from the traditional 8 years to a 7-year combined program. During the first 3-years at SUNY New Paltz, students engage in shadowing programs and lecture series provided by faculty and local health providers of the Mid-Hudson Family Practice Residency Program, introducing them to the studies and life of a physician. Upon successful completion of this program, students matriculate to New York College of Osteopathic Medicine, combining their first year of medical school with their 4th year of baccalaureate studies. A special emphasis is placed on local youths as a means of recruiting family practice residents and, eventually, family physicians to the Hudson Valley region.

Continuing Education Programs

Catskill Hudson AHEC has developed two flagship education programs - Nursing Summit and the Emergency Responder Leadership Academy (Formerly, the EMS Leadership Academy):



Administrative tasks and personnel management are among administrator's central responsibilities. Professional development efforts in areas including leadership, supervision, public relations, and budgeting receive little attention. These skills and concepts are critical to every emergency responder service's long-term success and role as a community caretaker. Catskill Hudson AHEC is in its 6th year of providing this continuing education program to pre-hospital and emergency responder personnel who are so vital to the health and well-being of our communities. With the addition of

webcasting capabilities, these workshops reach a wider audience across New York State, particularly those in our rural communities. *This program is open to all Emergency Responders.*

Attendee quotes: "This training occurs too infrequently." "Thank you for your excellent lecture. A lot of what you had to say resonated with me on multiple levels. I hope to pass on the information to the members of my corp and try to effect change in the problems I've begun to notice with leadership."

Catskill Hudson Area Health Education Center

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FACEBOOK: Search for "Catskill Hudson AHEC" and LINKEDIN: http://www.linkedin.com/groups?gid=3102535&trk=myg_ugrp_ovr

