scrubs
Club
Pathways to Health Careers
What is Scrubs Club?

Scrubs Club is an activity-based, health career exploration program designed to introduce high school students to a broad array of health occupations by offering them a first-hand look at various health careers and enabling them to “test drive” various medical procedures, such as blood typing.
Scrubs Club offers a proven practical and effective hands-on approach to making a more-informed and tangible impact on student career choices by ....
... focusing on the future and preparing students for the real world by helping them understand that having a career is a choice and personal destination ...
... and by teaching students the value of teamwork, communication, community service, and preparing for the future ...
... and by giving Scrubs Club students the opportunity to experience a variety meaningful field trips and first-hand experiences to visualize what their future career could look like.
SCRUBS CLUB
ACTIVITIES
INCLUDE
HEALTH CAREER EXPLORATION

- Careers in Direct Patient Care - Sensory Experiences - activities relating to impairments in vision, hearing, limitation of movement, and dyslexia.
- Careers in Nursing - "I'll Take Nursing for $200 Alex" Nursing Jeopardy Trivia Game.
- Careers in Clinical Laboratory Sciences - Case of the Stolen Serum - blood typing activity.
- Careers in Physical and Rehabilitative Therapy - Tools of the Trade activities.
- Careers in the Surgical Team - Dressing for Surgery activity.
- Careers in Public Health - Field trip to the county health department.
- EMS 101 - CPR training and certification, first-aid training, Automatic External Defibrillator use, and Heimlich Maneuver training.
- Careers in Administrative Support - Medical Wheel of Fortune game.
- Working as a Team - Hoop Pass and Robot Writing activities.
PERSONAL AND LIFE SKILLS

- **Creating a Life Map** - Students will create a personal life map to use as a graphic benchmark for developing a college and career timetable.

- **Communication and Listening Skills** - Students will learn how to improve their communication and listening skills.

- **Body Language and Facial Expressions** - Students will learn how influential body language and facial expressions can be in communicating effectively.

- **Building Employability Skills** - Students will learn team-building and use self-reflection to explore key employability skills.

- **Choosing a Career and Career Preparation** - Students will understand the difference between choosing a career and simply looking for a job.

- **Developing a Resume** - Students will learn how to develop their own resume.

- **Personal Finance** - Students will learn how to develop a budget through exercises that correspond to various health occupations.

- **Creating a Community Project** - Students will learn how to organize, promote, and implement a community project.
Scrubs Club is a complete program.

The curriculum binder and accompanying toolkit contain all lesson plans and materials needed.

And ...
Instructors do not have to have clinical experience to facilitate this program.

The easy-to-follow lesson plans and the flexibility of the Scrubs Club program accommodates each individual instructor’s needs and allows the lesson plans to be utilized, as the instructor is able to integrate it.
To date, the Scrubs Club curriculum has been utilized as a longitudinal program, as well as integrated into daily class curriculum, as an afterschool activity, and as a multi-school collaboration in organizations throughout New York State and beyond.
Scrubs Club is being utilized by high schools, at-risk youth programs, afterschool programs, community-based career workshops, BOCES, Science & Technology Entry Programs (STEP), and other Area Health Education Centers throughout the United States.
Early evaluations of the Scrubs Club impact on high school students who utilized the program as a three year longitudinal club show that, upon graduation,

- 90% plan to continue their education. Of these students,
- 85% plan to pursue a health career, and
- 85% of these students stated that participating in Scrubs Club influenced their decision to pursue a health career.
Scrubs Club Awards

Scrubs Club is the recipient of the 2016 AHEC Center Award for Excellence for Health Careers Recruitment from the National AHEC Organization.

Scrubs Club was also selected by the New York State Association for Rural Health to receive its 2016 Rural Health Program of the Year Annual Award.
Scrubs Club also meets New York State Career Development and Occupational Studies Core Curriculum and Learning Standards.

Guiding Principles

1. Instruction in the Career Development and Occupational Studies (CDOS) Learning Standards

2. Student engagement in career planning and preparation

3. Student participation in community and work-based learning experiences
INTERESTED?