



Catskill Hudson Area Health
Education Center's
5th Annual Charitable Giving Drive
This year's recipient is:



*Astor Services for Children &
Families*

Each year, Catskill Hudson Area Health Education Center (CHAHEC) organizes a charitable giving event to help one local, community non-profit agency achieve its goal. This year, CHAHEC has chosen Astor Services for Children and Families as their Charitable Giving recipient for its positive and strong family support. Beginning April 18th through July 21st, the CHAHEC staff will collect much-needed items for the Astor Head Start Centers throughout Dutchess County. Winter clothing is greatly needed, so please consider donating **new** children's winter outerwear and undergarments.

Astor's Early Head Start provides a comprehensive child development program for children, ages 3 to 5, from low-income families in Dutchess County.

This program is individualized to assist the child's development socially, emotionally, intellectually, and physically. Support can include physical, dental, mental health, nutrition, and social services.

Astor believes that an essential part of the program is the involvement of parents. They are given the opportunity to participate in parent education, program planning, serving as center volunteers, and as members of advisory councils and committees. Adult education opportunities are available to all parents.

Astor Head Start Centers in Dutchess County greatly need the following items in infant through 7 years of age; however, they are in the greatest need of all items in sizes 3-7.

Please consider donating any of the following **new, unused** items:

- o **New Children's Socks size 3-7**
- o **New Children's Underwear size 3-7**

Drop-off location is at our Catskill Hudson AHEC office located at 598 State Route 299, Highland NY, a little over a mile past the NYS Thruway and in the plaza directly next to Lowes Store.
Any questions? Call our staff between 8 am -5:30 PM at 845-883-7260

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